



# Tony Nevin BSc (Hons) Ost, D.O. Osteopath

Graduated in 1988. After a brief spell working in the Far East he set up practice in Cheltenham, followed by Stroud a couple of years later.

Tony uses all modalities of osteopathic treatment to best cater for his patients needs.

He believes in a holistic, integrated approach to healthcare and is always keen to work with others to attain what is best for each patient.



#### Get in touch

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## Contact us

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# **About Osteopathy**

Osteopathy looks at issues affecting normal movement and function throughout the body. It is classed as a manually applied form of medicine, and since the passing of the Osteopaths Act 1993, and the creation of the General Osteopathic Council, is classified as a Primary Healthcare Profession. As such you do not need to be referred by your doctor.

Most osteopaths work in private practice as this allows for maximum time to be made available for each consultation and treatment.

Osteopathy complements other facets of healthcare such as dentistry, chiropody, and general medical practise.





General Osteopathic Council (GOsC) registered Member of the British Osteopathic Association (BOA)

# Some signs of a Bio-mechanical problem that may benefit from osteopathy

- Neck pain
- Back pain
- Headaches
- Knee, ankle, hip pain
- · Changes in mood
- Disturbed sleep patterns
- · Fatigue and undue tiredness
- Pain or disturbed sensation in your arms, legs, or both
- Eye strain
- Pain during pregnancy
- Period pain
- Joint strains and sprains
- Sporting injuries
- Unsettled babies

### **Our Services**

We offer osteopathic care for the whole family and tailor our treatment programmes to each patient. Our clinics are situated in quiet surroundings with free parking available. Most conditions require more than one visit and we discuss the best options that suit each individual.

We work closely with other medical practitioners, and as such take a full case history of any present, or past conditions, as well as any medication you may be taking.

Should you require any investigative tests done such as x-rays, MRI, or blood screening we will refer you through the appropriate channels.

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